



BE THE INSPIRATION

Rotary Club of Gawler Light

District 9500 | Chartered 10 July 1996

Bulletin Edition #1144: 12 March 2019

President: Stephen Arthur | **Secretary:** David Cockshell | **District Governor:** David Egan | **RI President:** Barry Rassin

Important Dates

Saturday 23 Mar 19	Woollies BBQ
Sat/Sun 30/31 Mar 19	Relay for Life
29-31 Mar 19	District Conference
Ongoing	Rotary Shed Working Bees (see Richard Tucker)

President: Stephen Arthur

- Welcome to all members and guests
- Thanks to those who helped on the Clean up Australia event in Deadman's Pass
- Successful joint meeting with the Rotary Club of Gawler in Clonlea Park
- Saturday night social night

Exchange student: Amalie

- Pilates with Jen
- Cooked kangaroo. First tasting
- Long weekend at Port Elliot. Surfing, walking, 30km bike ride, climbed The Bluff
- Denmark has 2 national anthems - One of 3 countries

Community Service: Darryl Matthews

- Clean Up Australia Day – thanks to all who assisted and Greg Morris who acted as the event champion
- Woollies BBQ – Saturday 23 Mar 19
- Relay for life – Saturday 30 Mar 19 and Sunday 31 Mar 19
- 15 Feb at Evanston Gardens Public School donating \$3500 raised between Gawler Service Clubs for goal posts

*The **Rotary Club of Gawler Light** aims to provide enjoyment and foster fellowship between Rotarians and others through projects to improve our local and*

PO Box 1577, Gawler SA 5118

Meetings: Most Tuesdays 6.15pm for 6.30pm meal, (Optional)

7.15pm for 7.30pm meeting

Website : www.gawlerlightrotary.org

Facebook: www.facebook.com/gawlerlightrotary



BE THE INSPIRATION



Vocational: Steve McLachlan

- Next week guest speaker spot will feature a CPR demonstration from St John's
- 30April meeting will be a quiz night downstairs
- 16March \$10 pp at Sanders. Meal similar to Salvo night—Bring records to play
- Email from Salisbury Club regarding young Gawler person needing assistance and referred to Quality of Life with success
- Quality of Life also assisted cancer patient to obtain air conditioner

District: Rob Eley

- Seeking mentors (professional and personal level) for Rotaractors – aim to launch in May

Youth: David Weatherley

- One nomination received for exchange student opportunity
- 4 nominations for RYLA—need to negotiate with other clubs for sponsorship
- Civic Centre opening involvement promoting Rotary
- Wheels in Motion starting in Clare and July in Prospect
- Eftpos machine for this club

Members corner:

- Joan had defibrillator training at DIK
- Possible to have defibrillator. Will invite hotel rep to session on these machines.
- Adds on channel 44 for Rotary
- Stephen A Rotary Club of Gawler donated TV screens to Gawler Health Services.
- Deanne has secured a placement at Lyall Mac Hospital

Sergeant Session: Rhonda Carr

- Stephen McL driving wrong way
- Greg M spends 2 hours per week painting nails
- Rob used mates stomach to diagnose car problem
- Steve McL photo in RDU with his wife Julie at Rotaract conference

Guest Speaker: Cody Davies—
Suicide Prevention

- Chair of Gawler Suicide Prevention Group
- Community group about raising awareness
- Resources available eg pen with secret compartment – contacts and process diagram
- Stall at village fair to have conversations with people
- “Are you ok?” campaign
- Mental Health Week
- Sessions at local football clubs annually
- Bring professionals to do local events
- Distributing pamphlets
- Info exchanged about Mental Health Forums
- 8-10 in the group meet regularly at Rec Centre.
- Members have a connection with mental health issues not professionals in the field
- John Dawkins supports the group
- National conference annually
- Follow up needed a few years after major disaster or stressful events
- Unemployment a major stress factor
- Occurrence of mental health issues increase with age
- Suicide needs to be reported and discussed in a sensitive and respectful way

Rotary information: Joan Tingey

- 1955 plate from Chicago
- 57 nations made special stamps that year. Joan has 56



MEETING ROSTER

	19-Mar-19	26-Mar-19	02-Apr-19	09-Apr-19
Meeting Type	Partners Welcome	Partners Welcome	Partners Welcome	Partners Welcome
Chairperson	David Cockshell	Steve McLachlan	Richard Tucker	Rob Eley
Cashier	David Weatherley	Peter Harper	Greg Morris	David Perry
Rotary Information	Peter Harper	Joan Tingey	Darryl Matthews	Joan Tingey
Thought for the Week	David Weatherley	Bron Anderson	Stephen Arthur	David Cockshell
Vote of Thanks	Richard Tucker	Carol Valentine	David Weatherley	Martin Winkworth
Fellowship	Grant Buik	Rhonda Carr	David Cockshell	Marilyn Curtis
Setup & Packup	Matthew Sanders	Deanne Tingey	Richard Tucker	David Weatherley
Guest Speaker	St John	Dave Cockshell	TBA	Sharyn Lewis Gawler Community House
Subject	CPR30	Nepal Experiences		

ATTENDANCE

All apologies contact **Greg Morris** (gregory.morris.gm1@gmail.com)

Non-attendance must be notified by **10am Monday**.

If you do not intend to eat a meal, a notification is also required.

If you are intending on being away for a lengthy period of time, please notify Bulletin Editor

